

SONS — OF — MARY

MENU

Breakfast 7am - 12pm | Brunch 12pm - 3.00pm

FOOD ALLERGIES

Sons of Mary is not a nut, seafood, shellfish, egg, gluten, wheat flour or dairy free environment. Whilst all customer requests will be catered for to the best of our ability the decision to consume a meal is the responsibility of the diner.

SONS OF MARY

BREAKFAST

7am - 12pm

Toast w/ Preserves - Sourdough, Seeded, Fruit or Gluten Free	12
Free Range Eggs on Toast Poached or Fried / Scrambled +\$1	16
Breakfast Bun w/ Bacon, Fried Egg, Swiss Cheese, Baby Spinach, Caramelised Onion & Relish on a Milk Bun	18.5
Spiced Oat Porridge w/ Berry Compote & a Blend of Nuts & Seeds (v)(vg)	22
Eggs Brighton w/ English Muffin, Two Poached Eggs, Potato Rosti, Smoked Paprika & Garlic Aioli + Prosciutto \$7 + Smoked Salmon \$7	24.5
Smashed Avocado on Grain Toast w/ Mix Tomatoes, Feta, Dukkah, Micro Herbs, Italian Glaze (v) (gfa) + Poached Egg \$5	26
Buddha Bowl w/ Fine Cous Cous, Roasted Chickpeas, Baby Carrots, Broccoli, Tomatoes, Toasted Pepitas, Sesame Seeds & Garlic Tahini Coconut Yoghurt (v)(vg)	24
Mixed Bean Shakshuka w/ Roast Pepper, Tomato Sugo, Toasted Pepitas, Topped with Two Eggs & Toasted Sourdough	24
Open Free-Range Egg Omelette w/ Baby Spinach, Roasted Pumpkin, Whipped Goats Cheese, Pine Nuts w/ Sourdough Toast (gfa) (v)	26.5
Roasted Mushrooms on Sourdough w/ Garlic & Herb Labneh, Poached Egg, Pine Nuts & Mixed Herbs (v)	26
Turkish Eggs w/ Garlic Yoghurt & Chilli Oil, Two Poached Eggs, Sliced Cucumber, Dill, Crispy Shallots & Turkish Bread (v)	26
Belgian Waffles w/ Salted Caramel Sauce, Walnut Crumble & Fresh Berries (v)	19.5

EXTRAS

Egg / Potato Rosti / Toast	5
Mushrooms / Roasted Tomato / Spinach	6
Smashed Avo / Bacon / Smoked Salmon / Prosciutto	7.5

KIDS

Kids Egg on Toast	12
Waffle w/ Whipped Cream & Berry Coulis	14

(v) vegetarian (gf) gluten friendly (gfa) gluten friendly available
10% surcharge applies on Sundays & 15% surcharge applies on public holiday

BRUNCH

from 12pm

- Smashed Avocado on Grain Toast** **26**
w/ Mix Tomatoes, Feta, Dukkah, Micro Herbs,
Italian Glaze (v) (gfa)
+ Poached Egg \$5
- Roasted Mushrooms on Sourdough** **26**
w/ Garlic & Herb Labneh, Poached Egg, Pine
Nuts & Micro Herbs
- Open Free-Range Egg Omelette** **26.5**
w/ Baby Spinach, Roasted Pumpkin, Whipped Goats
Cheese, Pine Nuts w/ Sourdough Toast (v)(gfa)
- Turkish Eggs** **26**
w/ Garlic Yoghurt, Chilli Oil, Two Poached
Eggs, Sliced Cucumber, Dill, Crispy Shallots & Turkish
Bread (v)

FLATBREADS

- Tomato Flatbread** **24**
w/ Mozzarella & Crispy Basil (v)
- Chorizo Flatbread** **27**
w/ Mozzarella, Feta & Roast Red Peppers
- Grilled Zucchini Flatbread** **26**
w/ Mozzarella, Eggplant, Roast Pepper & Crispy
Capers (v)
- BBQ Chicken Flatbread** **27**
w/ Mozzarella, Caramelized Onion, Black
Olives & Chives

SIDES

- French Fries **12**
- Rocket, Apple & Parmesan Salad **12**
- Sautéed Greens w/ Toasted Almonds **12**

(v) vegetarian (gf) gluten friendly (gfa) gluten friendly available

10% surcharge applies on Sunday & 15% surcharge applies on public holidays

Sons of Mary Is not a nut, seafood, shellfish, egg, gluten, wheat
flour or dairy free environment

LUNCH

Soup of the Day	19
w/ Sourdough (gfa)	
Winter Vegetable Salad	26.5
w/ Japanese Pumpkin, Artichoke, Mix Salad, Walnuts, Goji Berries & Feta Cheese (v)(vga)(gf)	
Crispy Garlic Calamari	29
w/ Cos, Rocket, Roast Potato, Pickled Red Onion & Toasted Sesame Dressing	
SOM Beef Burger	28.5
w/ Caramelised Onion, Swiss Cheese, Lettuce, Tomato, Pickles, Relish & Aioli on a Milk Bun w/ Fries (gfa)	
Warm Chicken Salad	29
w/ Maple Balsamic Vinaigrette, Broccolini, Sweet Potato, Red Onion, Toasted Pepitas & Shaved Parmesan (gf)	
Truffled Mushroom Risotto	34
w/ Baby Spinach & Grana Padana (gf)(vga)(v)	
Seafood Linguine	43
w/ Chilli, Garlic, Prawns, Calamari, Mussels, Olive Oil & White Wine	
Crispy Skin Barramundi	39.5
w/ Curried Prawn Bisque, Potato Hashbrown, Green Beans, Shaved Fennel & Asian Herbs (gfa)	

DESSERT

Vanilla Crème Brulée (gf)	15
Dark Chocolate Fondant w/ Salted Caramel Ice- Cream & Chocolate Popping Candy	16.5
Cheese Plate w. Accompaniments 10ea - min 2 (Brie, Cheddar, Blue)	

10% surcharge applies on Sunday & 15% surcharge applies on public holidays
Sons of Mary Is not a nut, seafood, shellfish, egg, gluten, wheat
flour or dairy free environment.

KIDS

Chicken Nuggets & Fries	14
Fish Goujons & Chips	14
Pasta w/ Napoli Sauce	14
Vanilla Choc Top	8

COFFEE

Regular	5.5	Large	6.5
Hot Chocolate	5.5	Mocha	6
Prana Chai	6.8		
Soy Almond Lactose Free Oat Extra Shot			+0.7

ORGANIC TEAS

English Breakfast	Green
Earl Grey	Immunity
Peppermint	Energy
Ginger Zing	Chai

COLD PRESSED JUICES

Immunity

Carrot, Orange, Pineapple, Celery, Turmeric & Lemon

Antiox

Apple, Raspberry, Passionfruit, Rhubarb

Botanical

Apple, Spinach, Kale, Cucumber, Celery, Lettuce, Lemon & Ginger

Roots

Beetroot, Apple, Lemon & Ginger

(v) vegetarian (gf) gluten friendly (gfa) gluten friendly available

10% surcharge applies on Sunday & 15% surcharge applies on public holidays

The Sons of Mary kitchen is not a nut, seafood, shellfish, egg, gluten, wheat flour or dairy free environment