

**MENU**

Breakfast 7am - 12pm | Brunch 12pm - 3.00pm

**FOOD ALLERGIES**

Sons of Mary is not a nut, seafood, shellfish, egg, gluten, wheat flour or dairy free environment. Whilst all customer requests will be catered for to the best of our ability the decision to consume a meal is the responsibility of the diner.

 **BREAKFAST** 7am - 12pm

**Toast** w/ Preserves **12**

 - Sourdough, Seeded, Fruit or Gluten Free

**Free Range Eggs on Toast 16**

Poached or Fried / Scrambled +$1

**Breakfast Bun** w/ Bacon, Fried Egg, **18.5**
Swiss Cheese, Baby Spinach, Caramelised Onion &
Relish on a Milk Bun

**Cherry & Coconut Granola 16**Crunchy Granola with Coconut Yoghurt & Glazed
Cherries (v)(vg)

**Eggs Atlantic 25**Poached Eggs on a Toasted English Muffin with
Smashed Avocado, Smoked Salmon, Fresh Dill & Garlic Aioli

**Avocado Smash**  **18**
Smashed Avocado on Multigrain Toast with Sliced
Radish, Cherry Tomatoes, Rocket & Sesame and
Pepita Seeds (v)(vg)(gfa)
+ Poached Egg $5

**Asparagus & Prosciutto Toast 20**Grilled Asparagus on Multigrain Toast with Minted Peas, Poached Egg and Prosciutto

**Mixed Bean Shakshuka** **24**
w/ Roast Pepper, Tomato Sugo, Pepitas, Topped with
Two Eggs & Toasted Sourdough (v)

**Garden Pea Omelette** **25**
A Light and Fluffy Omelette with Sweet Peas,
Fresh Rocket, Red Peppers and Grated Parmesan,
Served with Sourdough Toast (v)(gfa)

**Smoked Salmon Bagel**Classic Bagel with Lemon and Herb Creamy Whipped Cream Cheese, Smoked Salmon, Pickled Red Onion and Fresh Rocket

**20**

**Turkish Eggs on Sourdough 23**Poached Eggs over Harissa Yoghurt with Dill,
Sumac, Pickled Red Onion & Sourdough Toast (v)(vga)(gfa)

**Classic French Toast 25**Golden French Toast with Bacon, Creamy
Mascarpone and Maple Syrup Drizzle

# EXTRAS Egg / Potato Rosti / Toast 5

Mushrooms / Roasted Tomato / Spinach **6**

Smashed Avo / Bacon / Smoked Salmon / Prosciutto **7.5**

# KIDS Kids Egg on Toast 12

# Waffle w/ Whipped Cream & Maple Syrup 14

#  BRUNCH

from 12pm

**Avocado Smash 18**
Smashed Avocado on Multigrain Toast with Sliced
Radish, Cherry Tomatoes, Rocket & Sesame and
Pepita Seeds (v)(vg)(gfa)
+ Poached Egg $5

**Smoked Salmon Bagel 20**
Classic Bagel with Lemon and Herb Whipped Cream
Cheese, Smoked Salmon, Pickled Red Onion and
Fresh Rocket

**Garden Pea Omelette 25**

A Light and Fluffy Omelette with Sweet Peas, Fresh Rocket, Red Peppers & Grated Parmesan, Served with Sourdough Toast (v)(gfa)

 **Turkish Eggs on Sourdough**  **23**
 Poached Eggs over Harissa Yoghurt with Dill,
 Sumac, Pickled Red Onion & Sourdough Toast (v)

# FLATBREADS

**Tomato Flatbread 24**w/ Mozzarella & Crispy Basil (v)

**Chorizo Flatbread 27**w/ Mozzarella, Feta & Roast Red Peppers

**Grilled Zucchini Flatbread**  **26**w/ Mozzarella, Eggplant, Roast Pepper & Crispy
Capers (v)

**BBQ Chicken Flatbread 27**w/ Mozzarella, Caramelized Onion, Black
Olives & Chives

# SIDES

French Fries **12**

Rocket, Apple & Parmesan Salad **12**

Sautéed Greens w/ Toasted Almonds **12**

**(v) vegetarian (gf) gluten friendly (gfa) gluten friendly available

10% surcharge applies on Sunday & 15% surcharge applies on public holidays**

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#

# LUNCH

**Chickpea & Carrot Summer Salad**  **26.5**
w/ Rocket, Red Onion, Goji Berries, Cherry Tomato,
Roasted Chickpeas, Dutch Carrots & Walnuts with a Pomegranate Yoghurt Dressing (v)(vga)(gf)

|  |  |
| --- | --- |
| **Lemon & Pepper Crispy Calamari** w/ Basil Aioli on a Salad of Lettuce, Rocket, Cucumber, Fennel, Tomato & Onion with a Lemon Dressing  | **29** |
| **SOM Beef Burger** w/ Caramelised Onion, Swiss Cheese, Lettuce, Tomato, Pickles, Relish & Aioli on a Milk Bun w/ Fries (gfa)**Warm Chicken Salad** w/ Maple Balsamic Vinaigrette, Broccolini, Sweet Potato, Red Onion, Toasted Pepitas & Shaved Parmesan (gf) |  **28.5****29** |
| **Truffled Mushroom Risotto** w/ Roast Fennel, Baby Spinach, Truffle Oil & Grana Padano (gf)(v)(vg) | **34.5** |
| **Seafood Linguine** w/ Chilli, Garlic, Prawns, Calamari, Mussels, Olive Oil & White Wine  |  **43** |
| **Crispy Skin Barramundi** w/ Pea & Mint Puree, French Beans, Roast Fennel, Crispy Capers & Balsamic Glaze (gf)**Pasta of the Day**Inquire with our Team for Today’s Featured Pasta  |   **39.5** |
| **DESSERT** **Vanilla Crème Brulée** (gf) |  **15** |
| **Dark Chocolate Fondant** w/ Salted Caramel Ice-Cream & Chocolate Popping Candy |  **16.5** |

 **Cheese Plate** w. Accompaniments **10ea - min 2**

 (Brie, Cheddar, Blue)

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# KIDS

Chicken Nuggets & Fries **14**

Fish Goujons & Chips **14**

Pasta w/ Napoli Sauce **14**

Vanilla Choc Top **8**

# COFFEE

Regular **5.5** Large **6.5**

Hot Chocolate **5.5** Mocha **6**

Prana Chai **6.8**

Soy | Almond | Lactose Free | Oat | Extra Shot **+0.7**

# ORGANIC TEAS 6

English Breakfast Green

Earl Grey Immunity

Peppermint Energy

Ginger Zing Chai

# COLD PRESSED JUICES 9

**Immunity**

Carrot, Orange, Pineapple, Celery, Turmeric & Lemon

**Antiox**

Apple, Raspberry, Passionfruit, Rhubarb

**Botanical**

Apple, Spinach, Kale, Cucumber, Celery, Lettuce, Lemon & Ginger

**Roots**

 Beetroot, Apple, Lemon & Ginger

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